

Asian food culture: dietary factors for obesity and diabetes

Session Description & Objectives:

In progress

Session Chair & Co-Chair:

Shigeru Yamamoto, Japan and Barry Popkin, USA

Session Topics & Speakers:

Topic 1: *Epidemiological evidences in Asia*

Speaker: Barry Popkin, USA

Topic 2: *Basal Metabolic rate of different ethnic groups and postprandial blood glucose response of Asian diets*

Speaker: Shigeru Yamamoto, Japan

Topic 3: *Body mass index and composition and metabolic risk of Asians and Americans*

Speaker: Duc Son Nguyen Trung Le, Vietnam

Short Sessions