

## **Asian food culture: dietary factors for obesity and diabetes**

### **Session Description & Objectives:**

*In progress*

### **Session Chair & Co-Chair:**

Shigeru Yamamoto, Japan and Barry Popkin, USA

### **Session Topics & Speakers:**

**Topic 1:** *Epidemiological evidences in Asia*

**Speaker:** Barry Popkin, USA

**Topic 2:** *Basal Metabolic rate of different ethnic groups and postprandial blood glucose response of Asian diets*

**Speaker:** Shigeru Yamamoto, Japan

**Topic 3:** *Body mass index and composition and metabolic risk of Asians and Americans*

**Speaker:** Duc Son Nguyen Trung Le, Vietnam

### **Short Sessions**