

## **Highlights Latin America: Food and Nutrition for Better Health**

### **Session Description**

The concept here is looking at the dual burden (food insecurity and nutritional transition) in terms of epidemiological profiles and prognostications with a comprehensive cast across the Latin American Region.

The session begins with a 10-min overview for the region by one of the co-moderators, and closes with a consequent consideration on the fusion of cultures when Latin Americans migrate to the USA. Dividing the remainder of the region into 5 zones (Caribbean; MesoAmerica {Mexico and Central America}; Brazil; Andean Region {Venezuela, Colombia, Ecuador, Peru, Bolivia}; and the Southern Cone {Argentina, Chile, Paraguay, Uruguay}), the speakers would be asked to synthesize an update and projection in four topic areas:

- Situation of food supply, food selection and food security
- Situation of adherence to healthy eating guidelines and chronic disease risk implications
- Environmental degradation and impact on the environment
- Existence and implementation of national and subregional policies

### **Session Chairs/Moderators**

**Carlos Monteiro and Chessa Lutter**

### **Session Topics and Speakers:**

**Topic 1: *Introduction***

**Speaker:** Chessa Lutter, Washington, DC

**Topic 2: *Future Prospects for Nutrition, Health and Policy Responses for the Hispanic Caribbean***

**Speaker:** Manuel Hernandez, Havana, Cuba

**Topic 3: *Future Prospects for Nutrition, Health and Policy Responses for the MesoAmerican Republics***

**Speaker:** Martha Kaufer-Horwitz, Mexico City, Mexico

**Topic 4: *Future Prospects for Nutrition, Health and Policy Responses for Brazil***

**Speaker:** Carlos Monteiro, Sao Paulo, Brazil

**Topic 5: *Future Prospects for Nutrition, Health and Policy Responses for the Andean Region***

**Speaker:** Daniel López de Romaña, Santiago, Chile

**Topic 6: *Future Prospects for Nutrition, Health and Policy Responses for the Southern Cone Region***

**Speaker:** Manuel Ruz, Santiago, Chile

**Topic 7: *Lessons Learned of Nutrition Transition and Health among South-to-North Migrants to the United States***

**Speaker:** Odilia Bermúdez, Boston, USA and Panama

Question and Answer